

breakfast selection


the barluga breakfast	9.00
bacon, sausage, fried egg, roast tomato, mushroom, baked beans, hash brown, black pudding & toast	
vegetarian breakfast (v)	8.00
eggs, roast tomato, mushroom, baked beans, wilted spinach, hash browns & toast	
eggs benedict	7.50
toasted muffin, cured ham, poached eggs & hollandaise	
eggs florentine (v)	7.00
toasted muffin, wilted spinach, poached eggs & hollandaise	
eggs royale	9.00
toasted muffin, smoked salmon, poached eggs & hollandaise	
scrambled eggs	
on toasted wholemeal bread	
served with either :-	
smoked salmon	9.00
crispy bacon & roast tomatoes	7.50
3 egg omelette (v)	9.00
roast red onion, mature white cheddar & chive	

sandwiches & salads

barbeque pulled pork bun	9.00
red cabbage slaw	
homemade fish finger sandwich	9.00
tartare sauce or tomato ketchup	
barluga club sandwich	9.00
bacon, roast chicken, lettuce, tomato, avocado & honey mustard mayonnaise	
open goats cheese sandwich (v)	9.00
sun dried tomatoes & balsamic	
<i>all sandwiches served with a portion of french fries or thick cut chips</i>	
cobb salad	11.00
gem lettuce, crispy smoked bacon, chicken breast, avocado black pudding, soft boiled egg & house dressing	
glazed goats cheese & pickled beetroot salad (v)	10.00
beer & charcoal crumb	

⊗ gluten free (n) contains nuts (v) vegetarian

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bar snacks

scotch egg		6.50
dijon mayonnaise		
cauliflower pakoras (v)		6.50
curried mayonnaise		
barluga nachos (ⓧ)		12.00
chilli con carne, cheese & sour cream		11.00
guacamole, salsa, cheese, jalapeños & sour cream (v)		
bread & olives (v)		6.00
sundried tomato & basil tapenade, balsamic vinegar & olive oil		
tempura prawns	sml 8.00	lrg 15.00
chilli jam		
rosemary & garlic baked camembert (v)		14.00
tomato chutney & toasted sourdough		


to start

soup of the day (v)		6.00
white bloomer or wholemeal bread		
chilli salt squid		7.00
soy & chilli dip		
crispy belly pork (ⓧ)		7.00
apple sauce, celeriac purée & quail egg		
wild mushroom & spinach risotto (v)		6.50
parmesan & truffle oil		
warm asian duck salad		7.00
pickled vegetables, sesame & soy dressing		
thai salmon fishcakes		6.50
asian vegetables & crispy noodles		
barluga shetland mussels (ⓧ)		7.00
tomato & chorizo, classic or thai fresh bread (gluten free bread available)		
cajun chicken		7.00
mango salsa, cos lettuce & crispy onions		

sides

parmesan & truffle chips	4.00
thick cut or french fries	3.00
buttered vegetables (ⓧ)	2.75
house salad (ⓧ)	2.25


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main course

- 8oz rib eye steak** (x) **20.00**
roasted mushroom, baked tomato & herb butter
french fries or thick cut chips
- 8oz sirloin steak** (x) **19.00**
roasted mushroom, baked tomato & herb butter
french fries or thick cut chips
- top your steak...
blue stilton & mushroom 2.50
peppercorn sauce 2.50
- chicken supreme** (x) **12.50**
chorizo & pea cassoulet with crispy kale
- smoked haddock & salmon fishcakes** **12.00**
wilted spinach, dill cream & poached egg
french fries or thick cut chips
- roasted lamb rump** (x) **14.00**
bubble & squeak, tenderstem broccoli, squash purée & jus
- pan fried seabass** (x) **14.00**
olive crushed potatoes, samphire & concasse fish sauce
- barluga mussels** (x) **13.00**
tomato & chorizo, classic or thai
french fries, thick cut chips or fresh bread (*gluten free bread available*)
- roasted hake** (x) **14.00**
buttered savoy cabbage, pancetta, potatoes parmentier,
carrot purée & jus
- wild mushroom & spinach risotto** (v) **12.00**
parmesan & truffle oil
- barluga beef burger** **11.50**
brioche bun, lettuce, onion, tomato, pickles,
cheese, coleslaw & barluga burger sauce
french fries or thick cut chips
- marinated chicken burger** **11.50**
brioche bun, lettuce, onion, tomato, coleslaw & mayonnaise
french fries or thick cut chips
- thai yellow vegetable curry** (v) (x) **11.00**
bamboo shoots, water chestnuts, mushrooms, noodles & basmati rice
- thai green curry** (x) **12.00**
bamboo shoots, water chestnuts, basil, chilli & basmati rice
- chicken breast** **12.00**
tiger prawn **14.00**
- confit belly pork** (x) **13.00**
crushed potatoes & smoked bacon, cabbage
& celeriac apple veloute & jus

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dessert

- mirror glazed dark chocolate mousse (v)** 6.00
vanilla ice cream
- lemon posset (v)** 6.00
millionaires shortbread
- sticky toffee pudding (v)** 6.00
butterscotch sauce & vanilla ice cream
- chefs cheesecake** 6.00
ask for todays selection
- chocolate nemesis (n) (v)** 6.00
pistachio ice cream
- assiette of desserts** 8.00
cheesecake, sticky toffee pudding (v), chocolate nemesis (v)
seasonal berries, toffee sauce & pistachio ice cream (n)
- cheese plate (v)** 9.00
nettle cheese, mature white cheddar, stilton, celery, grapes,
tomato chutney & biscuits
- homemade ice cream (v) (x)** 3.50
ask for today's flavours

caffè con dolci

- mini cheesecake or mini sticky toffee pudding (v)** 6.00
served with central bean espresso coffee

childrens menu

- pork & leek sausages** 5.50
french fries & baked beans or garden peas
- homemade fish fingers** 5.50
french fries & baked beans or garden peas
- penne pasta & tomato sauce (v)** 5.50
with cheese
- ice cream (x)** 2.00

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